

Syllabus William Alanson White Institute, Division 1

Instructor: David Appelbaum, Psy.D.

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Course Title: Analytic Listening and Intervention.

**Description:** This five sessions course focuses on analytic listening, guided by idea that a core feature of the psychoanalytic approach entails working closely with the patient's own process. During our meetings we will study the concept of analytic listening from different historical and theoretical vantage points including: the therapeutic impact of listening, listening with the third ear, neutrality, empathic immersion, meditative techniques, inquiry and barriers to listening. Clinical material will be shared by candidates in order to examine how we listen to our patients.

Readings to be assigned:

**Week 1: Brenneis, C.B.** (1994). Observations on Psychoanalytic Listening. *Psychoanal. Q.*, 63:29-53

**Week 2: Meissner, W.W.** (2000). On Analytic Listening. *Psychoanal. Q.*, 69(2):317-367

**Week 3: Feiner, A.H.** (1988). Countertransference and Misreading—*The Influence of the Anxiety of Influence*. *Contemp. Psychoanal.*, 24:612-649

**Week 4: Bromberg, P.M.** (1994). "Speak! That I May See You": Some Reflections on Dissociation, Reality, and Psychoanalytic Listening. *Psychoanal. Dial.*, 4(4):517-547

**Week 5: Arnold, K.** (2006). Reik's Theory of Psychoanalytic Listening. *Psychoanal. Psychol.*, 23(4):754-765

**Cooper, P.** (2014). Zen Meditation, Reverie, and Psychoanalytic Listening. *Psychoanal. Rev.*, 101(6):795-813