Syllabus on Trauma and Dissociation, WAWI 2018-2019

Instructors: Elizabeth Hegeman PhD and Sharon Kofman PhD

Class One: December 4, 2018

Overview: The Nature of Trauma and the Historical Background.

Readings: Judith Herman (1992). Chapters 2 (Terror) and 7 (A Healing Relationship) in: *Trauma and Recovery*.

Recommended: Van Der Kolk (2006) The Complexity of Adaptation to Trauma in *Traumatic Stress.*

Allen N. Schore (2010) Relational Trauma and the Developing Right Brain. The neurobiology of broken attachment bonds. In: Relational Trauma in Infancy. Ed. T. Bardon, pp. 19-47.

Class Two: December 11, 2018

Trauma's Sequela

Reading: Ghislaine Boulanger (2002) Wounded by Reality. The Collapse of the Self in Adult Onset Trauma. *Contemporary Psychoanalysis* 38:1, 45-76.

Laub (2005) Traumatic Shutdown of Narrative and Symbolization. *Contemporary Psychoanalysis*. *Pp. 307-327*.

Class Three: December 18, 2017

Trauma and Attachment

Jay Frankel (2002) Exploring Ferenczi's Concept of Identification with the Aggressor. Psychoanalytic Dialogues, 12: 101-139

Peter Fonagy and Mary Target (2003) Evolution of the Interpersonal Interpretive Function: Clues for Effective Preventive Intervention in Early Childhood. In September 11: Trauma and Human Bonds. pp. 99-113, eds. Coates, Rosenthal and Schechter.

Class Four: January 8, 2019

Betrayal Trauma

Readings: Elizabeth Howell (1996) Dissociation in Masochism and Psychopathic Sadism. Contemporary Psychoanalysis

Optional: Virginia Goldner (2004) When Love Hurts: Treating Abusive Relationships. *Psychoanalytic Inquiry* 24(3) 346-372.

Class Five: January 15, 2019

Dissociation in the Clinical Setting: Childhood Sexual Abuse

Davies and Frawley (1994) **Chapters 3: An integrative Model of Childhood Sexual Abuse** (p.43-62); Chapter 5; **Disclosure and the Recovery of Memories** (p.86-103), and Chapter 9 **(Eight Transference- Countertransference Positions** pp.167-185) In: Treating the Adult Survivor of Childhood Sexual Abuse.

Gartner: The Patient- Therapist Dyad. In Betrayed as Boys.

Class Six: January 22, 2018

Trauma and the Body

Pat Ogden (2018) Beyond Words: A Sensori-Motor Psychotherapy Perspective. In: (eds. Solomon and Seigel) *How People Change: Relationships and Neuroplasticity in Psychotherapy*.

Sheldon Bach (2016) The Disembodied Self: Dysregulation and Feelings of Unreality. In: Bach (2016) *Chimeras and Other Writings*.

Class Seven: January 29, 2019

Social and Historical Trauma

Guest Lecturer, Eyal Rozmarin PhD

Eyal Rozmarin: (2017) Immigration, Belonging and the Tension between Center and Margin in Psychoanalysis. *Psychoanalytic Dialogues*, 27:4, 470-479

Eyal Rozmarin (2009) I am yourself: Subjectivity and the Collective. *Psychoanalytic Dialogues*, 19:5, 604-616

Class Eight: February 5, 2019

Massive Psychic Trauma, Testimony and Witnessing

Readings:1. Dori Laub and Nanette Auerhan (1993) Knowing and Not Knowing Massive Psychic Trauma: Forms of Traumatic Memory. IJP 74:287-302.

Also: Yale University Library: Fortunoff Video Archive for Holocaust Testimonies. Leon S. Edited Testimony HVT 8025. www.library.yale.edu.testimonies

Class Nine: February 12, 2019

Thirdness and Witnessing

Donnel Stern (2012) Witnessing Across Time. Accessing the Present from the Past and the Past from the Present. *The Psychoanalytic Quarterly*. Vol. LXXXI, Number 1.

Class Ten: February 19, 2019

Varieties of Trauma Transmission

Silverman and Lieberman (1999) Negative Maternal Attributions, Projective Identification, and the Intergenerational Transmission of Violent Relational Patterns.

Jill Salberg (2015) The Texture of Traumatic Attachment.

Vamik Volkan (2002) Varieties of transgenerational Transmission and Historyrelated Unconscious Fantasies. In; The Third Reich in the Unsconscious. Pp. 27-50