

William Alanson White Institute
Psychopathology: Character, Diagnosis, and Treatment
Evelyn T. Hartman, PhD.
212-595-8613; evelynhartman@gmail.com
Melanie Israelovitch, MD
M.israelovitch@wawwhite.org

Course Description:

In this course we will examine the complexity of character and the ways that characterological styles help to foster and impede the ability of our patients to live their lives in the face of struggles, big and small, through daily living and during major life events. We will consider how we, as interpersonal analysts living within our own characterological styles, use ourselves and the intense reactions that may arise, as we confront the challenge of helping our patients live more fully within their character and in their world. We will also consider the interplay of psychopharmacology with character style and treatment.

Syllabus

Class One

Character and Diagnosis: More Simply Human than Otherwise

Buechler, Sandra, My Personal Interpersonalism: An Essay on Sullivan's One Genus Postulate, *Contemporary Psychoanalysis*, 2014, 50:4, 531-548.

Levenson, E. (1991) : Character, Personality and the Politics of Change. *The Purloined Self: Interpersonal Perspectives in Psychoanalysis*, 239-255, Contemporary Psychoanalysis Books, William Alanson White Institute.

Supplemental Reading:

McWilliams N. (1999) The Relationship between case formulation and psychotherapy (9-28); *Psychoanalytic Case Formulation* New York: Guilford Press.

Class Two

Psychotic States-Paranoid Styles

Szalita, Alberta B. Regression and Perception in Psychotic States. *Psychiatry* 1958; 21 (no 1 February): 53-63.

Buechler, S. (2015) Paranoid Processing, *Understanding and Treating Patients in Clinical Psychoanalysis: Lessons from Literature* (27-43), Routledge, New York.

Supplemental Reading

Szalita, Alberta B. The 'Intuitive Process' and its Relation to Work with Schizophrenia. *Journal of the American Psychoanalytical Association* 1955;3 (no 1, January): 7-18.

Meissner, W.W.(1986), *Psychotherapy and The paranoid Process*, 3-38, Northvale NJ: Aronson.

Stein, Abby (2001) Murder and Memory, *Contemporary Psychoanalysis*, 37 (3) 443-451.

Fiction: Gilman, C.(1892) The Yellow Wallpaper

Class Three

Schizoid Style

Guntrip, H. (1969). *Schizoid phenomena, object relations, and the self*, p.41-48. New York, International University Press.

Buechler, S. (2002) More Simply Human Than Otherwise. *Contemporary Psychoanalysis*, 38-485-497.

Tolstoy, L. (1886). The Death of Ivan Ilych

Class Four

Narcissistic Style

Bach, S. (1994), The language of Perversion and the Language of Love. Chapter 2, p. 29-49. Northvale, NJ: Aronson.

Bromberg, P. (1983) The Mirror and the Mask: On Narcissism and Psychoanalytic Growth, *Contemporary Psychoanalysis*, V.19,2,359-387.

Supplemental Reading

Freud, S. (1914) On Narcissism: An introduction. In J. Strachey , *The Standard Edition of the Complete Psychological Works of Sigmund Freud* Vol.(14 pp.67-102). London:Hogarth Press, 1957.

Fiction: Moore, Lorrie(1989) You're ugly too. The New Yorker

Class Five

Hysterical Style

Lionells , M. (1995) . Hysteria. In M. Lionells, J. Fiscalini, C.H. Mann, & D.B. Stern (Eds), *Handbook of Interpersonal Psychoanalysis* (pp.491-515). Hillsdale, NJ: Analytic Press.

Buechler, S. (2015) Hysterical Bargaining ,70-81, *Understanding and Treating Patients in Clinical Psychoanalysis , Lessons from Literature*, Routledge, New York.

Fiction: Carol Shields (2004) A Scarf. In Carol Shields: Collected stories, p.404-418. Harper Collins, New York.

Class Six

Obsessional Style

Sullivan, H.S.(1956) The Obsessional Dynamism ,28-30, *Clinical Studies in Psychiatry* William Alanson White Psychiatric Foundation, W.W. Norton, New York.

Buechler, S. (2015) Obsessive Controlling, 82-97, *Understanding and Treating Patients in Clinical Psychoanalysis , Lessons from Literature*, Routledge, New York.

Supplemental Reading

Sullivan, H.S. (1956) Obsessionalism, 229-283, *Clinical Studies in Psychiatry* William Alanson White Psychiatric Foundation, W.W. Norton, New York.

Fiction: Bellow, Saul (1964) Herzog, selected pages.

Classes Seven and Eight

Psychopharmacology (Dr. Melanie Israelovitch)

Sandberg, L.S., and Busch, F.N. (2012) Psychotherapy and Pharmacotherapy: A

contemporary Perspective. *Psychodynamic Psychiatry*, 40(3) 505-532

Tutter, A. (2006). Medication as Object. *JAPA*, 54: 781- 804.

Class Nine

Depression and Grief

Szalita, Alberta B. Grief and Bereavement. In Silvano Arieti ed. *American Handbook of Psychiatry*, 2nd Edition, Volume 1. New York-London: Basic Books, 1974: 673-684 (Chapter 33).

Class Ten

Working with Patients during major life events: Our Current Time: CoVid, Politics and Racial Tension

Goldman, Dodi (2020) *Plagued: A View from NY*:Talk given to the Israel Winnicott Center, August, 2, 2020

Hartman,Evelyn(2020) *Traumatized While We Do the Work: A look Into the Front Lines* : Colloquium Series: Working With CoVid , William Alanson White Institute, May 2020.

Supplemental Reading:

Fromm- Reichmann, M.D.Frieda *The Attitude of the Psychiatrist toward Intercurrent Events in the Life of the Patient and of the Therapist. Principles of Intensive Psychotherapy* p.197-213.

References:

McWilliams N. (2011) *Psychoanalytic Diagnosis: Understanding personality structure in the clinical process*. New York: Guilford Press.

Buechler, S. (2015) *Understanding and Treating Patients in Clinical Psychoanalysis: Lessons from Literature* (124-137), Routledge, New York.