COURSE 331, Syllabus 2019

Joerg Bose, M.D.

1. SESSION Introduction to Self Psychology

Mitchell, S., and Black, M. (2002), In Beyond Freud Ch.6, Psychologies of Identity and Self: Erik Erikson and Heinz Kohut, pp. 149 to 169,

Kohut, H. and Wolf, E. (1978). The Disorders of the Self and their Treatment: An Outline International Journal of Psycho-Analysis, <u>59:</u>413-425

2. SESSION: Selfobject Transferences

Kohut, H. (1984) The Selfobject transferences and interpretation. In: How Does Analysis Cure? Goldberg, A. (ed.) Chicago: The University of Chicago Press. Pp. 192-210.

Ornstein, A., and Paul H. (2015) Why Kohut's Ideas Will Endure, Self Psychology and the Practice of Psychoanalytic Psychotherapies, Lecture: White Institute, January 13, 2015

Lichtenberg, J., Lachmann, F., Fossaghe, J., (1992) The Selfobject Experience., in Self and Motivational Systems. The Analytic Press, Hillsdale, NJ

3. SESSION: Empathy

Miller, H.J. (1985) How Kohut Actually Worked. Progress in Self Psychology, 1:13-30

Lachmann, F. (2008) Chapter 3: The road to empathy. Chapter 4: Empathic Understanding.

In:Transforming Narcissism: Reflections on Empathy, Humor, and Expectations. New York:The Analytic Press, Taylor & Francis Group. Pp. 46-86

Kohut, Heinz, On Empathy, Last Lecture October 1981, DVD,

Bacal, H., Thomson, P., (1996) Ch.2, The Psychoanalyst's Needs and the Effect of Frustration on the Treatment, A New View of Countertransference. In Progress in Selfpsychology, 12, 17-35

4. SESSION: Ruptures in Empathy

Kohut, Heinz. (1971) Some Reactions of the Analyst to the Mirror Transferences in The Analysis of the Self, International Universities Press, New York pp.270-295

Wolf, Ernest . S. (1984) Disruptions in the Psychoanalytic Treatment of Disorders of the Self In, P.E. Stepansky a. B A. Goldberg (eds.), Kohut's Legacy. Hillsdale, NJ: The Analytic Press, pp. 143-156

5. SESSION: Idealization and Grandiosity

Kohut, H. (1987). Chapter 6 The admiring selfobject and the idealized selfobject. Chapter 7: The acquisition of internalized values, ideals and goals. In: The Kohut Seminars. Elson, M. (ed.) New York: W.W. Norton. Pp.77-109.

Fosshage, J., Hershberg, S. (2014). Epilogue: Specialness, Grandiosity, Omnipotence, Entitlement, and Indulgence: Changing Theories of Narcissism, Attitudes, and Culture. Psychoanal. Inq., 34:513-522. Lachmann, F. (2014). Richard Wagner: Grandiosity, Entitlement, and its Metastases. Psychoanal. Inq., 34:498-512.

6. SESSION: Shame, Dissociation

Morrison, Andrew P. (1994) The Breadth and Boundaries of a Selfpsychological Immersion in Shame A One-and-a Half-Person Perspective Psychoanalytic Dialogues, 4 (1): pp.19–35,

Orange, D., M., (2008). Whose Shame is it Anyway?: Lifeworlds of Humiliation and Systems of Restoration (Or "The Analyst's Shame") Contemporary Psychoanalysis, 44:83-100

Howell, E.F. (2005). The self in context: unity and multiplicity. In. Hillsdale, NJ. The Dissociative Mind. pp.38-4

7. SESSION: : Aggression and Rage

Lachmann, F. (2000). The view from motivational systems theory. In: Transforming Aggression. Northvale, NJ:Jason Aronson Inc. pp.47-72

Lachmann, F. (2000) Selfpsychology strikes back. In Transforming Aggression. Fosshage, James, Munschauer Carol, A. (2004) Facilitative Analytic Interaction in a case of Extreme Nihilism and Aversiveness, in Transformations in Self Psychology, Progress in Self Psychology, Vol. 20. pp. 21-47

8. SESSION: Transforming Narcissism

Visiting Distinguished Lecturer: Frank Lachmann, Ph.D.

Lachmann, F. (2015) Psychotherapy and Self-Psychology: The Treatment of Pathological Narcissism. unpublished manuscript

Lachmann, F. The process of transforming. In: Transforming Narcissism: Reflections on Empathy, Humor and Expectations. New York: The Analytic Press, Taylor and Francis Group. Pp. 3-21

9. SESSION: Origins of Attachment

Visiting Distinguished Lecturer:,: Beatrice Beebe, Ph.D

(2012). On the Origins of Disorganized Attachment and Internal Working Models: Paper I. A Dyadic Systems Approach, Psychoanalytic Dialogues, 22:2, 253-272;

(2012) On the Origins of Disorganized Attachment and Internal Working Models: Paper II. An Empirical Analysis of 4-Month Mother-Infant Interaction, Psychoanalytic Dialogues, 22:352–374, 2012 (2014) My Journey in Infant Research and Psychoanalysis, Psychoanalytic Psychology, Vol. 31, No.1 4-25;

10. SESSION: Comparing Selfpsychological a. Interpersonal/Relational Approaches Orange, D.M. (2010). Recognition as: Intersubjective Vulnerability in the Psychoanalytic Dialogue: International Journal of Psychoanalytic Self Psychology, 5:227-243 Benjamin, J. (2010). Can We Recognize Each Other? Response to Donna Orange. Int. J. Psychoanal. Self Psychol., 5:244-256.

Teicholz, Judith G. (2006) Qualities of Engagement and The Analyst's Theory, International Journal of Self Psychology 1 (1), 47-77;