**Developing Interpersonalism in Historical Context: Sullivan, Thompson, Fromm and the Pioneers of Interpersonal Psychoanalysis**

Fall/Winter Trimester 2018-2019

**Instructor:** Phillip Blumberg, Ph.D.

**Course Description:**

This course provides an opportunity for candidates to think as psychoanalysts about the persons, lives, and social conditions that inspired the development of interpersonal ideas in psychoanalysis. Ferenczi, for example, weighing mutuality in the analytic dyad and pondered what Sullivan would see as participant observation. Fromm and Thompson considered adaptation to, vs. confrontation of, extant cultural norms. Fromm-Reichmann posed the nature of being with another in the face of existential aloneness. Discussion will explore the thoughts of these and other writers via several contexts: their unique personalities, the zeitgeist of their professional lives, and the liveliness of their current relevance to our consulting rooms.

**Course Objectives:**

1) To understand the historical development of interpersonalism as both outgrowth and critique of classical psychoanalysis.

2) To identify major ideas of major interpersonal thinkers.

3) To see theory in relation to theorist’s personalities and historical context.

**Trimester:** Fall

**Dates and Times:**

Tuesdays, 7:15 PM—8:30 PM

December 4, 2018-- February 19, 2019

**Presentation:** Candidates are encouraged to present case material relevant to concerns raised in the readings. *Each class participant will be asked to comment on a specific reading.*

**Class 1 12/04/2018-- Interpersonal Psychoanalysis and its American Context.**

Required Readings:

Ortmeyer, D. (1995). History of the founders of interpersonal psychoanalysis. In Lionells, M., Fiscalini, J., Mann, C.H., & Stern, D.B. (Eds.), *Handbook of Interpersonal Psychoanalysis* (pp. 11-27)*.* New Jersey: Analytic Press.

Supplementary Readings:

Mitchell, S. & Harris, A. (2004) What’s American About American Psychoanalysis? Psychoanalytic Dialogues, 14: 165-191.

Grosskurth, P. (1991). *The Secret Ring: Freud’s Inner Circle and the Politics of Psychoanalysis.* New York: Addison-Wesley.

Kirsner, D. (1999). *Unfree Associations: Inside Psychoanalytic Institutes.* London: Process Press.

Zitrin, A. (1998). Freud-Frink-Brill: A puzzling episode in the history of psychoanalysis. Unpublished paper reviewed in *Bulletin of the Association for Psychoanalytic Medicine* (1999), 36, 4-22.

## Class 2 12/11/2018-- Sándor Ferenczi –Trauma and New Technical Challenges

Required Readings:

Ferenczi, S. (1988). Confusion of tongues between adults and the child. *Contemporary Psychoanalysis*, 24, 196-206. (Original work published1932)

Thompson, C. (1988). Sándor Ferenczi (1873-1933). *Contemporary Psychoanalysis,* 24,

182-195. (Original work published 1934/44)

Frankel, J. (2002) Exploring Ferenczi’s concept of Identification with the aggressor: its role in trauma, everyday life, and the therapeutic relationship*. Psychoanalytic Dialogues*, 12:101-139.

Ferenczi, S. (1955). The elasticity of psychoanalytic technique. In S. Ferenczi, *Final Contributions to thePproblems and Methods of Psycho-Analysis*. London: Hogarth Press (pp. 87-101). (Original work published 1928) (**Optional)**

Supplementary Readings:

Berman, E. (2004) Sándor, Gizella, Elma: A biographical journey. *International Journal of Psychoanalysis,* 85, 489-520.

Mohacsy, I., Zaslow, S.L., Katz, C., & Ludmer, R.I. (1988). Discussions of Ferenczi’s “Confusion of Tongues.” *Contemporary Psychoanalysis,* 24, 207-239.

Rudnytsky, P.L., Bókay, A., & Giampieri-Deutsch, P. (Eds.). (1996). *Ferenczi’s turn in psychoanalysis*. New York and London: New York University Press.

Wolstein, B. (1989). Ferenczi, Freud, and the origins of American interpersonal relations. *Contemporary Psychoanalysis,* 25(4), 672-685.

**Class 3: 12/18/2018 Ferenczi – Clinical Contributions and Mutual Analysis**

Required Readings:

Ferenczi, S. (1988). *The Clinical Diary of Sándor Ferencz* (J. Dupont. Ed.) (January, 1932, entries, pp. 1-27; **Optional**: Dupont’s Introduction, pp. x-xxvii).Cambridge MA: Harvard.

Maroda,K. (1998) Why mutual analysis failed: The case of Ferenczi and Rn. *Contemporary Psychoanalysis*, 34: 115-132.

Fiscalini, J. (2006) Coparticipant inquiry: Analysis as personal encounter. *Contemporary Psychoanalysis,* 42:437-451. **(Optional)**

Supplementary Readings:

Berman, E. (1996). The Ferenczi renaissance (review essay). *Psychoanalytic Dialogues,* 6(3), 391-411.

Groddeck, G. (1928). Letter XXX. In *The book of the it: Psychoanalytic letters to a friend* (pp. 202-209). New York and Washington: Nervous and Mental Disease Publishing Company.

Grossman, C. & S. (1965). *The wild analyst.* New York: Braziller.

Spiegel, S. (1989) On Ferenczi: A review of reviews. *Contemporary Psychoanalysis,* 25, 98-107.

Stanton, M. (1991). *Sándor Ferenczi: Reconsidering active intervention.* New Jersey: Jason Aronson.

**Class 4: 1/8/2019 Harry Stack Sullivan, Psychiatrist of America**

Required Readings:

Sullivan, H.S. (1938). The data of psychiatry (Introduction by J, Fiscalini). In Stern et al, *Pioneers* (Ch. 1, pp.1-26).

Evans, F.B. (1996) Harry Stack Sullivan: Interpersonal Psychiatry and Psychotherapy, Chapter 6 “The interpersonal theory of mental disorder” pp. 134-148 , New York, Routledge Books.

Blechner, M. (2005). The gay Harry Stack Sullivan: Interactions between his life, clinical work, and theory. *Contemporary Psychoanalysis*, 41(1), 1-20. **(Optional**)

Supplementary Readings:

Mitchell, S.A. (1986). Roots and status. *Contemporary Psychoanalysis*, 22(3), 458-466.

Perry, H.S. (1982). *Psychiatrist of America: The life of Harry Stack Sullivan*. Cambridge, Massachusetts: Harvard University Press.

Sullivan, H.S. (1953). *Conceptions of modern psychiatry* (biography, title page, preface, foreword, pp. i-xiii; and Lecture I: Basic conceptions, pp.3-29). New York: Norton. (Original work published 1939)

Sullivan, H.S. (1976). Transcripts of supervisory dialogues. In R.G. Kvarnes,and G.H. Parloff (Eds.), *A Harry Stack Sullivan case seminar: Treatment of a young male schizophrenic*. New York: W.W. Norton. (Original work published 1947).

Wake, N. (2005). *Private practices: Harry Stack Sullivan, homosexuality, and the limits of psychiatric liberalism*. Unpublished doctoral dissertation, Indiana University.

## Class 5: 1/15/2019 Clara Thompson and the Person of the Analyst in Therapeutic Action

Required Readings:

Thompson, C. (1964). Notes on the psychoanalytic significance of the choice of the analyst. In M.R. Green (Ed.), *Interpersonal psychoanalysis: The selected papers of Clara Thompson* (Ch. 14, pp. 122-138). New York: Basic Books. (Original work published 1938)

Thompson, C. (1964). Some effects of the derogatory attitude toward female sexuality. In M.R. Green (Ed.), *Interpersonal psychoanalysis: The selected papers of Clara Thompson* (Ch. 26, pp. 248-256; also in *Pioneers*, Ch. 4, pp.61-72). New York: Basic Books. (Original work published 1950)

Thompson, C. (1964). The role of the analyst’s personality in therapy. In M.R. Green (Ed.), *Interpersonal psychoanalysis: The selected papers of Clara Thompson* (Ch. 18, pp.168-178). New York: Basic Books. (Original work published 1956)

Thompson, C. (1964) Ch.17 *Countertransference.* In M.R. Green (Ed.), *Interpersonal psychoanalysis: The selected papers of Clara Thompson* (Ch.17, pp.162-167). New York: Basic Books. (Original work published 1956)

Thompson, C. (1964). A critical incident in psychotherapy. In M.R. Green (Ed.), *Interpersonal psychoanalysis: The selected papers of Clara Thompson* (Ch. 22, pp. 199-200). New York: Basic Books. (Original work published 1959) (**Optional**)

Recommended Readings:

Green, M. (1964). Her life. In M.R. Green (Ed.), *Interpersonal psychoanalysis: The selected papers of Clara Thompson* (Part VI, pp.345-378). New York: Basic Books.

Rioch, J.M. (1943). The transference phenomenon in psychoanalytic therapy. In Stern et al, *Pioneers* (Ch. 3, pp. 43-59).

Shapiro, S.A. (1993). Clara Thompson: Ferenczi’s messenger with half a message. In L. Aron & A. Harris (Eds.), *The Legacy of Sándor Ferenczi* (Ch. 9, pp. 159-173). New Jersey: The Analytic Press.

**Class 6: 1/22/2019 Frieda Fromm-Reichmann and the Rose Garden**

Required Readings:

Fromm-Reichmann, F. (1939). Transference problems in schizophrenics. In Stern et al., *Pioneers* (Ch. 2, pp.27-42).

Fromm-Reichmann, F. (1990). Loneliness. *Contemporary Psychoanalysis*, 26(2), 305-329. (Original work published 1959)

Supplementary Readings:

Buechler, S. (1998) The analyst’s experience of loneliness. *Contemporary Psychoanalysis*, 34, 91-114.

Fromm-Reichmann, F. (1950). *Principles of intensive psychotherapy*. Chicago: University of Chicago Press.

Fromm-Reichmann, F. (1959). Psychoanalysis and psychotherapy: Selected papers. Chicago: University of Chicago Press.

Green, H. (1964). *I never promised you a rose garden*. New York: New American Library.

Hornstein, G.A. (2000). *To redeem one person is to redeem the world: The life of Frieda Fromm-Reichmann*. New York: Free Press.

Silver, A.L. (1996). Ferenczi’s early impact on Washington D.C. In Rudnytsky, P.L., Bókay, A., & Giampieri-Deutsch, P. (Eds.), *Ferenczi’s turn in psychoanalysis* (pp. 89-106). New York and London: New York University Press.

Thompson, M.G. and Thompson, S. (1998). Interview with Dr. Otto Allen Will, Jr. Contemporary *Psychoanalysis*, 34(2), 289-304.

**Class 7. 1/29/2019 Erich Fromm: Social Character and the Immediacy of Experience**

*Required Reading:*

Fromm, E. (1994) *The Art of Listening*. New York: Continuum, pp. 74- 84; 90-95; 100-104; 115- 121; 180-188.

Fromm, E. (1960) Psychoanalysis and Zen Buddhism. In: E. Fromm, D.T. Suzuki, and R. DeMartino *Zen Buddhism and Psychoanalysis*, Harper Colophon Books, pp. 95-113.

Fromm, E. (1931) Politics and Psychoanalysis In Bronner, E.B. & Kellner, D.M. (1989) *Critical theory and Society* (Eds.) NY: Routledge pp. 213-218**.**

Fromm, E. (1964) Humanism and Psychoanalysis. *Contemporary Psychoanalysis*, 1:69-79. **(Optional)**

*Supplementary Reading:*

Tauber, E. S. (1959) The role of immediate experience for dynamic psychiatry: The sense of immediacy in Fromm’s conceptions. In: S. Arieti (Ed.) *American Handbook of Psychiatry*, Basic Books, pp. 1811- 1815.

Fromm, E. (1955) *The Sane Society*, Chapter 2; Can A Society Be Sick? - The Pathologyof Normalcy, Holt, Rinehart and Winston: New York, pp. 12- 21.

Cortina, M. & Maccoby, M. (eds.) (1996) A *Prophetic Analyst: Erich Fromm's Contributions to Psychoanalysis.* New Jersey: Jason Aronson. (Includes extensive bibliography.)

Fromm, E. (1960) "The Nature of Well-Being—Man's Psychic Evolution," in Fromm, E., Suzuki, D.T., & DeMartino, R., *Zen Buddhism and Psychoanalysis.* New York: Harper & Row. Pp. 86-95.

Fromm, E. (1955) Remarks on the Problem of Free Association. *Pioneers,* Ch. 8, pp. 123-134.

Fromm, E. (1968) What does it mean to be human? Ch.4, pp.58-96, in *The Revolution of Hope: Towards a Humanized Technology.* New York: Bantam.

Grey, A. (1993) The dialectics of psychoanalysis: A new synthesis of Fromm's theory and practice. *Contemporary Psychoanalysis,* **29:**645-672.

Langan, R.P. (2006) *Minding What Matters: Psychotherapy and the Buddha Within.*

Boston: Wisdom Publications.

Ortmeyer, D.H. (1997) Revisiting our psychoanalytic roots: The early

 interpersonalists. *Contemporary Psychoanalysis,* **33**:313-322.

**Class 8. 2/5/2019 Simply More Human**

*Required Reading:*

Wolstein, B. (1975) Countertransference : The Analyst’s Shared Experience and Inquiry with His Patient . *J. Am. Acad. Psychoanal.,* 3:77-89.

Tauber, E.S. (1954) Exploring the Theraputic Use of Countertransference Data. *Pioneers,* Ch. 7, pp. 111-122.

Singer, E. (1971) The Patient Aids the Analyst: Some Clinical and Theoretical Observations. *Pioneers*, Ch. 10, pp. 155-168.

*Supplementary Reading:*

Schachtel, E. (1959) *Metamorphosis: On the Development of Affect, Perception, Attention and Memory.* New York: Basic Books.

Witenberg, E.G. (1990) Memorial to Edward S. Tauber, M.D. *Contemporary Psychoanalysis,* **26:**181-183.

**Class 9. 2/12/2019 Symptom and Character**

Required Reading:

Bonime, W. (1976) The Psychodynamics of Neurotic Depression. Journal of the *American Academy of Psychoanalysis*, 4: 301-326.

Bonime, W. (1973) Depersonalization as A Manifestation of Evolving Health. *Journal of the American Academy of Psychoanalysis*, 1: 109-123.

Bonime, W. (1976) Anger as A Basis for a Sense of Self. *Journal of the American Academy of Psychoanalysis.* 4: 7-12.

Bonime, F. & Bonime,W. (1978) Psychoanalytic Writing: An essay on communication. *Journalof the Amer. Acad. of Psychoan*. 6:381-392. (**Opitional)**

Barnett, J. (1966) On Cognitive Disorders in the Obsessional. *Contemporary Psychoanalysis,* 2: 122-133. (**Optional)**

Supplementary Reading:

Barnett, J. (1980) Interpersonal Processes and the Analysis of Character. *Contemporary Psychoanalysis* 16: 397-416.

Barnett, J. (1971) Narcissism and Dependency in the Obsessional-Hysteric Marriage. *Family Process,* **10**#1:75-83.

Bonime, W. (1965) A Psychotherapeutic Approach to Depression*. Contemporary Psychoanalysis*, 2:48-53

**Class 10. 2/19/2019 The Revisioning of Analytic Identity: Implications for the Training of the Interpersonal Psychoanalyst**

Required Reading:

Stern, D. (2013). Relational Freedom and Theraputic Action. *Journal of the American Psychoanalytic Association,* 61 (2) 227-256.

Levenson, E. (!978) Two Essays in Psychoanalytic Psychology: Psychoanalysis: Cure or Persuasion? *Contemporary Psychonalysis*, 14:1-17

Supplementary reading:

Levenson, E. A. (1993) “Character, personality and the politics of change: Implications for an interpersonal understanding of Narcissism” in Fiscalini, J. & Grey, A.L. (eds.) *Narcissism and the Interpersonal Self.* NY: Columbia University Press, pp. 130-144.

Singer, E. (1968) The reluctance to interpret. In: E. F. Hammer (Ed.) Use of Interpretation in Treatment: Technique and Art, Jason Aronson Inc., Northvale, NJ pgs. 364- 371.

Held-Weiss, R. (1984) The interpersonal tradition and its development—Some implications for training. *Contemporary Psychoanalysis*, 20: 344-362.

Fiscalini, J. (1994) The uniquely interpersonal and the interpersonally unique.

 *Contemporary Psychoanalysis,* 30: 114- 134.

Stern, D. (1994) Conceptions of structure in Interpersonal psychoanalysis: A reading of the literature. *Contemporary Psychoanalysis*, 30:255-300.